

WILLIAMSBURG RECREATION DEPARTMENT PRESENTS:

ADULT WATER AEROBICS/LAP SWIM



BEGINNING
MONDAY, JANUARY 11th.

ADULT WATER AEROBICS AND LAP SWIM WILL BE HELD AT
THE WILLIAMSBURG HIGH SCHOOL POOL.

WATER AEROBICS

Mondays & Wednesdays

6-7pm

\$4.00 per visit

or

\$35.00 10 PASS PUNCH CARD

(Punch cards can be purchased at the Williamsburg Recreation Center)

Lap Swim

Mondays & Wednesdays

6-7pm

\$2.00 per visit

Important Note: The Williamsburg Recreation Department has the right to change, postpone, cancel, or modify programs as needed. As much advance notification as possible will be given for cancellations. If the Williamsburg High School is hosting an event or closes due to weather we will not have Water Aerobics or Lap Swim. If you have any questions, please contact the Williamsburg Recreation Center at 668-1636. **YOU MUST BE 14 YEARS OF AGE OR OLDER TO PARTICIPATE. NO EXCEPTIONS!!!**